



Fairgrounds Road
C H U R C H O F C H R I S T

MESSENGER

“And this is the commandment we have from Him, that the one who loves God should love his brother also.” 1 John 4: 21

Sunday – April 5, 2026

Heart to Heart...

David, by inspiration, penned these words in Psalm 139:16: ***“Your eyes have seen my unformed substance and in Your book they were all written, the days that were ordained for me, when as yet there was not one of them.”*** What an awe-inspiring description of the greatness of God. The days of the life of one on earth were written down before they existed. Many do not believe this. David did! The unbelieving world does not take God at His word. Just listen how many believe that exercise and eating right will extend our years. It’s being presented before us all the time. I’m not trying to be offensive. We just need to listen more closely to God and not what the world states. Too many are reading and listening to the world. Our years ordained have been written down and won’t be extended by human means.

Listen to what Paul says to Timothy: ***“For bodily discipline is only of little profit, but godliness is profitable for all things, since it holds promise for the present life and also the life to come.”*** (I Timothy 4:8) All this exertion and focus on the physical body and what does God’s word say is the profit? Little! (I’m not advocating not caring.) Look at the diets, work outs and exercise equipment (which many sit silently catching dust or clothes). What if we exerted that much energy and money toward godliness? Eating right and exercise may make our years more enjoyable, keeping us away from doctors as often, but it’s not extending our years. Those years were written in God’s book, before they existed. That makes godliness so important in our lives because godliness gives us promise in this life and the future life to come.

When you pillow your head tonight, what if the days you have been ordained ends? We need to put some serious thought into that and learn to live each day for the Lord and His righteousness. We need to strive for godliness. Here’s one way: Never let the sun go down on your anger (Ephesians 4:26). What if we spent our last day ordained on this earth holding to resentment or anger at someone we believe wronged us? What would happen if your last day was spent with a bad attitude toward someone or harboring ill feelings toward another? We need to live each day in the righteousness of God and humble in heart. Pursue godliness! In that, there will be no regrets...ever! Think about it!!!

-Brent